



THE

Kol

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HIGH HOLY DAY ISSUE

5786

שנה טובה
ומתוקה



Mission Statement

Temple Beth El is a vibrant and inclusive community of Jews who join together for prayer, education, celebration, mutual support and comfort, tikkun olam and acts of loving kindness. We are guided by Torah and the principles of the Conservative movement. We are committed to our community, the State of Israel, and Jews around the world.

Vision Statement

Our vision is that Temple Beth El will be an inspiring center of Conservative Judaism in which meaningful experiences and memories take root and grow.

Values Statement

We are a welcoming and inclusive congregation.

We value and respect each congregant and his or her personal journey in Judaism.

We foster a sense of connectedness with our community.

We value participation in all aspects of synagogue and Jewish life.

Our congregation will be here for the entire Temple family now and for future generations.

Welcome!



139 Winton Road South
Rochester, NY 14610
Phone: 585-473-1770



STAY CONNECTED

Stay connected with us
at **www.tberochester.org**,
where you can find up-to-date
information and content.

 [facebook.com/TBEROCH](https://www.facebook.com/TBEROCH)

 [@tberochester](https://www.instagram.com/tberochester)

 **Subscribe to our YOUTUBE Channel:**
Temple Beth El Rochester



WEEKDAY SERVICES

Shacharit:

Sunday:8:30 AM
Monday–Friday:7:30 AM
Rosh Hodesh:7:15 AM
Secular Holidays:8:30 AM



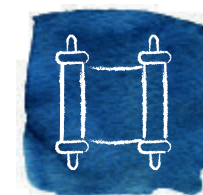
SHACHARIT ZOOM LINK:
<https://tinyurl.com/y6p5ky6h>
Call-in: (929) 205-6099
Meeting ID: 846 8881 5480

Mincha/Ma'ariv:

Sunday–Friday:6:00 PM



MINCHA/MA'ARIV ZOOM LINK:
<https://tinyurl.com/y6d78zsx>
Call-in: (929) 205-6099
Meeting ID: 841 5194 9603



SHABBAT SERVICES

Pesukei dezimra:9:30 AM
Shacharit:10:00 AM
Torah Service:10:30 AM

Mincha/Ma'ariv:

Check website for weekly times

LIVE STREAM LINK:
<https://www.tberochester.org/live-stream/>

JUNIOR CONGREGATION LEARNING

Every Saturday:11–11:30 AM
Ideal for children ages 4–11

PRE B'NEI MITZVAH SERVICE

First Saturday of every month:10:30 AM
For students who are studying to become B'nei Mitzvah

All Shabbat information including our trifold can be found on our website:
<https://www.tberochester.org/pray/shabbat-services/>



FROM RABBI GOLDSTEIN'S DESK

Hi everyone! I am so excited to be writing my first Kol article as the Senior Rabbi of Temple Beth

El. It's a bit surreal to be back in Rochester after all this time. It just goes to show the wisdom behind the Yiddish expression, "*Der mentsh tracht, un Gott lacht*, man plans, and God laughs." We never know where our lives are going to lead us. We think of our plans and our lives as linear. We like to think we have a plan, but that is far from the truth. We never know where this life will take us.

I know it's a cliché, but so many things are different here in Rochester, while at the same time, it seems as if nothing has changed. The names might be different, there may be a few more nice restaurants (and about 30 Starbucks), but Rochester has managed to maintain the same beauty it's always possessed. Being back, I realize the awesome responsibility of stepping into the role of Senior Rabbi. I am excited and nervous to be picking up the mantle here at TBE. There is no way to know what the future holds, but I am encouraged and hopeful about being back here. I feel blessed to be able to give back to the Rochester Jewish community that has given me so much.

Every community is different, and everyone has a different idea of what a Rabbi should be. I know that I might not be what everyone envisions when they picture a Rabbi. I can be a bit informal. I don't sleep in a suit, and I enjoy working out, so there might be times you see me at Wegmans, or on the street while I'm wearing my gym clothing. I also want to get to know all of you. I want to know what you think of your community. I love knowing what makes people tick. I want to know what you love about living here and what we could do better. How do you think the Beth El community can fully live up to its potential?

It really is strange to be back in Rochester, but it is a wonderful surprise. Because we never know what to expect in life, it's helpful to return to the beginning occasionally. That's the basis of our approach to the High Holidays.

Given the fact that everything around us is constantly in flux, returning to the familiarity of our tradition can be helpful in recentering ourselves. The New Year represents the hope of starting over. It's a time for reflection and improvement, compassion, and reassessing our priorities. The High Holidays is a time to think and to ask ourselves if we are living the life that we want. In his book, "A Purpose Driven Church," Pastor Rick Warren writes that each house of worship should run their programming based on how they view their purpose. If a church or shul is particularly dedicated to adult education, they might have a lot of different classes. If a synagogue is motivated by the desire for social activism, their calendar should reflect that as well.

The question to ask ourselves is this. Are we leading a life that reflects our values? Does our calendar reflect our personal priorities? How much time do we spend on Facebook, watching T.V., or blindly surfing the web? We all know that there are other things that we could be doing with our time to make it more worthwhile but we rarely "calendar" them. Maybe there is a hobby that you have always wanted to take up. If you find yourself talking about social justice and action, now is the time to build that into your schedule.

When we think about our lives, we can tell ourselves a story, but sometimes it's what we want to believe and not what is actually true. If we look at how we spend our time, how we treat people when we're stressed, we'll have a better picture of whether or not we're living the life we want.

I would love to welcome you to explore these questions during the high holiday season. Perhaps join us for a class as we explore these issues, or maybe even drop me an email and we can meet for coffee to talk about whatever you'd like. I look forward to meeting all of you, either within the walls of Beth El, or maybe even bumping into you at Wegmans. May it be a happy and sweet new year for us all, for our friends and loved ones, and may it be a year of healing and peace for all of *am Yisrael*.

Shana tova u'metukah,

Rabbi Ben Goldstein



FROM RABBI BITRAN'S DESK

Shanah Tovah U'metukah,

I am writing my last High Holy Day article as Temple Beth El Senior Rabbi.

Our temple is undergoing a significant leadership transition as I retire in July 2026. Rabbi Ben Goldstein, our New Senior Rabbi, is already leading our day-to-day operation and religious services to ensure a smooth succession. He is our *Mara D'Atra*, meaning "Master of the Place." As the Rabbi holding halachic (Jewish legal) authority, he interprets Jewish law and decides ritual observance for Temple members. I will continue to be Temple Beth El's Rabbi and share most of my rabbinic duties with Rabbi Goldstein until July 2026.

A new Senior Rabbi will bring changes and improvements, selecting a new path for our Temple. More than ever, I invite you to participate in services and activities designed for personal reflection and spiritual growth as the High Holy Days approach.

To enhance your observance of the High Holy Days, I ask you to consider the following concepts:

1. Teshuvah (Return/Repentance): The Courage to Begin Again

"The gates of repentance are always open—but you must take the first step." The High Holy Days experience asks each of us: Who are you becoming? Teshuvah isn't about guilt; it's about growth. Every regret can become the root of renewal if we face it honestly. We return not just to God, but to the truest version of ourselves.

2. Tefillah (Prayer): The Voice that Seeks

"Out of the narrow place I called to God, and God answered me with expansiveness." – Psalm 118:5
Prayer during the *Yamim Nora'im* (Days of Awe) is not just recitation—it is reckoning. It is lifting the self beyond the ego, a yearning for something greater. Even doubt is part of the dialogue. What matters is not perfect belief but the act of showing up.

3. Tzedakah (Justice/Acts of Loving kindness): Repairing the Breach

"Justice, justice shall you pursue." – Deuteronomy 16:20
To enter the New Year with integrity, we must confront the brokenness of our world. Tzedakah is not optional generosity—it's a sacred responsibility. Ask: Who have I overlooked? Who needs uplifting? This is holy work. Act now!

4. Memory and Mortality: The Shofar's Cry

"Who shall live and who shall die?" – *Unetaneh Tokef* (*Mahzor pp. 143*)
The liturgy is raw and honest: life is fragile. The Shofar awakens us to this truth. But mortality is not meant to paralyze—it is intended to prioritize. We ask: What matters most? What legacy will I leave?

5. Forgiveness: A Path, Not a Moment

"Forgive us, pardon us, grant us atonement."
Forgiveness is a process—sometimes slow, often painful. We seek forgiveness from others, ourselves, and God. But we must also offer it, or we carry the weight into the new year. Letting go is a form of freedom.

6. Renewal and Hope: A Blank Page

"*Hayom harat olam*—Today the world is born." (*Mahzor pp.158*)
Rosh Hashanah is not only the anniversary of creation—it's a chance to recreate ourselves. No matter the past, today we begin again. A new year. A new page with infinite possibilities.

I hope to see you in shul and wish you a Shanah Tovah, a good New Year, and a Hatimah Tovah. May you be inscribed and sealed in the Book of Life.

On behalf of my wife Silvana and our children Ethan and Lara, I wish you a *Shanah Tovah Tikatevu v'tichatemu*.

Rabbi Leonardo A. Bitran



PRESIDENT'S MESSAGE

My friend—and former TBE President—Todd Stein recently told about a conversation he had with a friend who is a member of a Catholic Church. Todd mentioned to him that we recently went through the process of hiring a new Rabbi for our temple to replace the soon to be retiring Rabbi Bitran. Todd's friend was amazed that the process of choosing and hiring a member of our clergy resided within our own temple community, as opposed to an outside group or outside committee to make that decision for us.

I had never thought about the significance of our Temple community in this way. We truly forge our own path. Our congregation is a community that together makes our important decisions regarding both our lay and religious leadership. We rely on each other for guidance and counsel through our interactions at Temple, our religious services, educational programs and our own internal governance. I believe that it is this mutual reliance that makes us stronger and has contributed to the longevity of Temple Beth El.

With the freedom to decide our own path also comes the ongoing responsibility to support our synagogue. We pray, educate, celebrate and even grieve together. And in order to keep our Temple family together and functioning it falls to all of us to support it.

We have been blessed with a very generous congregation. For more than 100 years, Temple Beth El members have understood that our shul's very existence requires a generational commitment of financial support. With the exciting arrival of Rabbi Ben Goldstein, we will be relying on our members once again to give in order to maintain our spiritual home. It is no secret that temple dues alone cannot financially sustain Temple Beth El. It is an ongoing obligation that falls to each of us to contribute what we are able in order to meet the Temple's considerable financial needs. I am confident that we will come together to be sure that happens.

In the coming weeks as we welcome Rabbi Goldstein and prepare for the retirement of Rabbi Bitran in 2026, Temple Beth El members will be working on a plan to honor both with fundraising events and opportunities to be announced soon. I look forward to seeing two Rabbis on the bimah over the next year. I hope that every temple member will celebrate with us and contribute to these upcoming campaigns to usher in a bright future for Temple Beth El.

Evan Spindelman
TBE Board President



FROM THE EXECUTIVE DIRECTOR

We are living in very interesting times. I think that might be considered a curse in some cultures. It is so easy to lean into negative energy. I believe we choose to focus on the positive to help make these interesting times more of a blessing.

And, there are so many positive things happening right here at Temple Beth El in this new year!

- We are so excited to be welcoming Rabbi Ben Goldstein as our new Senior Rabbi. We are looking forward to celebrating the High Holy Days with him and to his formal installation ceremony the weekend of November 21st. We are still working out the details as I write this article. Please save the date and stay tuned for more information. In the meantime, watch for opportunities to meet and get to know Rabbi Goldstein.
- Cantor Elizabeth Berke, who is the daughter of longtime members Elaine Simon and Len Simon z'l, will serve as our Cantor for Rosh Hashanah and Yom Kippur. We are pleased to be welcoming her back to the congregation in which she was raised.
- Later this year we will recognize Rabbi Bitran's years of service to Temple Beth El as he prepares for his retirement. It's hard to believe he has been at Temple Beth El for more than a decade. We have a lot of memories to relive!
- Our Keshet preschool, which is now a licensed early childhood program, and BE.WISE Religious School continue to grow in numbers of participants and in scope. We will also be expanding the number and types of programs and religious services that we offer throughout the year for congregants and community members of all ages.

For me personally, it's an exciting year as I prepare to welcome two new sons-in-law into my family. I'm grateful for so many opportunities to celebrate and lean into the positive in the year ahead.

Wishing everyone a happy, healthy and positive New Year!

Deborah Zeger
TBE Executive Director



ONLINE RESOURCES



YAHRZEITS You should have received an email or letter stating when the Yahrzeit of your loved one will be observed according to the Jewish calendar. Names will be read on the Shabbat dates prior to the actual Yahrzeit. See link below. Kaddish is also recited at Ma'ariv (evening service) on the night on which the Yahrzeit begins and at Shacharit (morning service) and Mincha (afternoon service) on the day of the Yahrzeit. Actual dates can be found on your Shulcloud account or by calling the office at (585) 473-1700.

The monthly list of daily Yahrzeit dates can be found at www.tberochester.org/celebrate/yahrzeits



DONATIONS

Temple Beth El is very grateful for every donation we receive. Your support enables us to provide ongoing services and programs to the congregation and community.

Give now to Temple Beth El at www.tberochester.org/support



VOLUNTEER

Give your time and talents to help at Temple Beth El throughout the year.

Find opportunities and initiatives at www.tberochester.org/meet/volunteer



MAZAL TOV

We are happy to pass along news about our congregants and community. Share yours by calling the office at (585) 473-1770 or by emailing communications@tberochester.org. **Mazal Tavs can now be found at www.tberochester.org/celebrate/mazel-tovs**



COMMUNITY EVENTS & CANDLE LIGHTING TIMES

Temple Beth El programs and candle lighting times for Holy Days and Shabbat can be found by month and date **starting on page 30 and at www.tberochester.org/calendar**



ADULT EDUCATION AT TBE

As members of the Jewish community, the Temple Beth El community embraces the lifelong process of deepening our understanding and widening our perspectives about Jewish belief. Adults from around Rochester's Jewish community are welcomed to join Temple Beth El's robust and varied congregational learning opportunities:

Are you looking to apply Jewish wisdom to your own day-to-day life? Join the Rabbi's table for **Kiddush Lunch and Learn** on Saturdays after Shabbat services. Learn more about the weekly Torah portion and how to utilize the lessons from our sacred texts.

Have you ever wanted to understand more about the prophets and the texts that we use every Shabbat? Join Rabbi Bitran on Zoom every Wednesday at 10 am for **Haftarah Class!** We will be studying and exploring each Haftarah of the year.

Keep an eye out for exciting adult learning series coming up this year, including an Elul pre-high holiday learning series with Rabbi Goldstein on Torah, Avodah and Gemilut Chassadim. We will also be hearing presentations from community leaders and scholars, including Jennie Schaff, Gerald Gamm and Nate Salzman!

Come take the opportunity to socialize, discuss and learn about what Judaism has to say about life's major topics at our monthly **Torah On Tap** pub crawl! Join Stephen Papkin, TBE's Director of Congregational Learning as we enjoy new friends, cold drinks and fresh perspectives on what it means to live as a Jew. We hope that you will join us for discussion on:

SATURDAY, SEPTEMBER 20, 2025 | STRANGE BIRD | 8 PM

Theme: Judaism & Commandments

SATURDAY, DECEMBER 13, 2025 | 8 PM

Theme: Judaism and Self Determination

SATURDAY, JANUARY, 17, 2026 | 8 PM

Theme: Judaism and Sacrifice

SATURDAY, FEBRUARY 26, 2026 | 8 PM

Theme: Judaism and Divine Intervention

Do you have questions or ideas for a new adult learning opportunity?

Contact Stephen Papkin at spapkin@tberochester.org



FROM THE YOUTH & FAMILY DIRECTOR

Shalom,

We are coming off an incredibly successful summer at Camp Keshet where we were able to engage a wide variety of early childhood families.

I write this article with such a sense of pride and excitement, as this will be our first school year as a New York State licensed preschool. Our teachers are now gaining access to some of the highest quality early childhood education training available. Families who may need financial assistance can now apply to New York State. We are exploring adding an afternoon program which would only strengthen our already successful preschool program. The integrity, warmth, and high-quality Jewish Early Childhood Education will remain the same.

Last year, we received a grant from the Jewish Federation of Greater Rochester to pilot a program called “STEAM with Yeladim.” We partnered with Congregation Beth Shalom to bring the Rochester Museum and Science Center to Temple Beth El. This three-part series helped children in science while exploring the Jewish values behind the scientific concepts. We have a full calendar of Early Childhood Programs to engage the families of our youngest congregants. This fall, Tot Shabbat will return on a monthly basis, along with monthly programming including apple picking on Sept. 14 and learning about Parshat Noach at the Seneca Park Zoo on Oct. 26. I look forward to seeing your families at these events, as well as during the High Holy Days season at services geared toward our Early Childhood population.

Wishing you all a Happy and a Healthy New Year! From my family to yours, Shana Tova.

L'Shalom,

Mandi Warner
TBE Youth & Family Director



FROM THE CONGREGATIONAL LEARNING DIRECTOR

Shalom,

The education team here at Temple Beth El fosters meaningful connections between the local Jewish community and Jewish practice in order to enrich our lives and further the continuance of Am Yisrael. We achieve this by providing varied quality educational opportunities for Temple Beth El members and the larger Jewish community.

As Director of Congregational Learning, I strive to inspire Jews of all ages to deepen their understanding of Judaism.

Our BE.WISE program offers a comprehensive religious school experience with family holiday events, Tikkun Olam trips and student-led Shabbat services several times a year. In the year before Kindergarten, we welcome students to participate in our BE.WISE Junior program about twice a month to build joy and familiarity around Jewish community, basic Jewish concepts, and the Aleph Bet.

As students enter Kindergarten in BE.WISE, they attend Sunday classes with the aim of advancing their knowledge of Hebrew holiday symbols, blessings, and Hebrew letters. Students begin attending class twice a week from third through seventh grade. Classes will focus on using Hebrew literacy to unlock Shabbat prayers, basic modern Hebrew while also learning about the Parsha, Jewish peoplehood and Israel. At the beginning of seventh grade, students begin B’nei Mitzvah prep and Holocaust Studies courses in addition to engaging in learning together as a chevruta as part of a B’nei Mitzvah Cohort.

From eighth through twelfth grade, our students are invited to join our dual learning and leading Madrichim program. These students split their time between learning in Hebrew High School cohorts and working or volunteering with students in BE.WISE classrooms. Teens get the opportunity to develop valuable skills as Jewish leaders and mentors while deepening their own learning around Jewish topics that most interest them.

Learning is for everyone! Our adult education programs offer deep text learning through Rabbi-led series, casual Jewish discovery discussions during our monthly Torah On Tap pub crawls and the opportunity to hear special presentations from a variety of Jewish community leaders. Join us for Parsha study after Shabbat services during our Kiddush lunch and learn or Zoom in for weekly Haftarah class. We hope to see you soon!

Best,

Stephen Papkin,
TBE Congregational Learning Director



TBE EDUCATION



Keshet Preschool, a Jewish early childhood program, is dedicated to serving the entire Rochester community. In a warm loving environment, through play, your child will gain a love of Jewish and secular learning as well as develop their social-emotional skills.

**For more information,
contact Mandi Warner
at mwarner@tberochester.org**

BE.WISE: JEWISH ENRICHMENT PROGRAM

BE.WISE, (Beth El wisdom, identity, spirit, education) offers quality supplementary Jewish education for students in grades Kindergarten through seventh grade, and offers Madrichim programs for students in eighth grade and high school. New this year, we also offer BE.WISE Junior for Pre-K students. Core courses focus on building Hebrew literacy while building connections to Hebrew language, Jewish peoplehood, Israel, Jewish history, Tanakh, Tefillah and the chagim. Elective classes change frequently with offerings including Judaism through Art, Jewish Music and Cafe Ivrit.

**For more information,
contact Stephen Papkin at
spapkin@tberochester.org**



TEENS AT TBE

Temple Beth El's teen programming is dedicated to curating enjoyable, relevant and thought-provoking experiences for Jewish teenagers. We strive to facilitate teen connections to Judaism on their own terms while building a youth community where our participants can feel comfortable being their authentic selves.

Throughout the year, monthly USY youth group programs have students engage in various programs that help them to gain new perspectives on Jewish practice, Jewish peoplehood and Tikkun Olam projects that give back to the local community. In addition to USY programs, we regularly partner with other local and regional synagogues for new and exciting experiences that expand Jewish social circles. Jewish teenagers join from across the community to gather together for Havdalah services, hands-on social action initiatives and fun bonding experiences like laser tag, a chocolate Pesach seder and celebrating Purim on a limo party bus! Israeli teenagers on their ShinShin year of service regularly join our youth for celebration, learning and exposing them to Israeli culture. We also have Shabbaton overnight programs for teenagers over the course of the year so that students can have extended opportunities for socializing, learning and bonding before joining Shabbat prayer services.

Teenagers at our BE.WISE Religious School program have the opportunity to join our hybrid Madrichim/Hebrew High School program. Students in eighth through twelfth grades have the opportunity to come on Sunday mornings throughout the school year to volunteer or get paid compensation for being assistant teachers (madrichim) in our BE.WISE classes. Teenagers work 1:1 or in small groups with students in the classroom to inspire passion for learning and advance Judaic skills such as Hebrew literacy and prayer knowledge. During the other part of their Sundays, teenagers come together for higher Judaic learning and choose from a host of subjects to deepen their understanding of, and connection to, Jewish community and Jewish practice.

In the lead up to our eighth-twelfth grade USY and Madrichim programs, students in sixth-eighth grades have the opportunity to engage in Middle School youth group programs. These include Havdalah services and holiday events, fun outings around town and a day trip to visit another Jewish community. This past year, our Middle School students joined youth from other synagogues around Rochester to visit Toronto's Jewish Community, which included a visit to the Holocaust Museum and other centers of Jewish life around Toronto.

In the year leading up to their B'nei Mitzvah ceremonies, students becoming B'nei Mitzvah gather monthly as part of a B'nei Mitzvah cohort for bonding, support and learning. The community that our B'nei Mitzvah families and students build, along with the Jewish experiences that we foster for them, helps to create a meaningful, fun and supportive environment for students to connect to their Judaism. This cohort strengthens the B'nei Mitzvah experience and sets up relationships that these families can continue to foster throughout the rest of Middle School and beyond.



MEN'S CLUB

Men's Club of Temple Beth El
Involving Jewish Men in Jewish Life



Just a Men's Club Minute:

As we begin a new year and a new season, our Executive Committee of the Men's Club wishes you and your family a Shana Tovah and many blessings in the New Year. We value your membership and support, and I look forward to our collaboration as we create new programs and continue making a positive difference in the life of our synagogue and community! Our beautiful Sukkah will be going up soon. I am so grateful for the dedication of the entire Executive Committee and all our volunteers.

Please feel free to contact me with anything Men's Club, questions or ideas: Mensclub@tberochester.org

Jonathan Allentoff
President



MEN'S CLUB OF TEMPLE BETH EL 2025-2026 JOIN OR RENEW YOUR MEMBERSHIP

Name: _____

Address: _____

Phone: _____ Email: _____

I'm interested in: _____

Send completed form with \$40 check payable to Men's Club of Temple Beth El to:
Temple Beth El – Men's Club,
139 S. Winton Road South,
Rochester, NY 14610

Or, pay via PayPal at <https://www.tberochester.org/meet/mens-club/>



SISTERHOOD

When women support each other,
incredible things happen.

All Sisterhood meetings and programs are
open to the entire Temple Beth El family.

Celebrating our 105TH Year!

We Are Sisterhood!

We are a community of Conservative Jewish women. From the beginning of our movement's history, our women have sought out the company of likeminded women—recognizing and appreciating the mission of our founders.

- We come together for camaraderie, for support, inspiration and comfort.
- We look to one another for wisdom, practical knowledge and spiritual guidance.
- We look to one another for support and guidance about how to maintain that delicate balance between tradition and change.
- We are the evolved version of Mathilde Schechter's Sisterhood vision, now more than one hundred years old, of education and learning for Jewish women.
- Conservative Jewish women have been at the forefront of religious progress and change. We celebrate our community.

Take a peek at some of our upcoming 2025-2026 programs. Save these dates, and read the Sisterhood Newsletter for details. We would love for you to join us, whether or not you are a Sisterhood member. Not receiving the Sisterhood Newsletter? Email gailfink49@gmail.com.

P.A.D. Project: 10 AM, July 27 & Feb 22

Torah Fund Benefactors' Afternoon Dessert: Oct 9 in the Sukkah

Hiddur Mitzvah Art Project: 2 PM, Nov 16

Chanukah Party: Dec 21

Sisterhood Shabbat: Jan 17

Sisterhood Annual Meeting: May 31

Mazel Tov to our Officers & Board

2-year term of office, July 1, 2025 through June 30, 2027

Co-Presidents: Lynda Axelrod & Amy Wasserman

Vice President (Torah Fund Program): Barbara Schron

Vice President (Torah Fund Solicitations): Gail Finkelstein

Vice President (Judaica Shop): Iris Stark-Mand

Treasurer : Tammi Steinberg

Data Entry/Financial: Gail Finkelstein

Members-at-Large: Susan Greenberg, Merle Markus, Abbey Rasnick,

Judith Schulman, Iris Stark-Mand, Cypora Teigman, Susan Zauderer

Mazel Tov to our Program Chairs

Annual Meeting: Sue Greenberg, Gail Finkelstein

Artist Program: Linda Axelrod, Gail Finkelstein

Chanukah Party: Sue Greenberg, Gail Finkelstein

College Packages: Amy Wasserman, Cippy Teigman

Condolence & Get Well Cards: Amy Ressel

Israel Scholarships: Tammi Steinberg, Abbey Rasnick

Judaica Shop: Iris Stark-Mand, Lynda Axelrod

PAD Project: Amy Wasserman, Helene Newman

Shiva Packages: Sue Zauderer, Lana Russ

Sisterhood Shabbat: Gail Finkelstein

Torah Fund Program: Barbara Schron

Torah Fund Solicitations: Gail Finkelstein



Just Judaica The Gift Shop at Temple Beth El The largest retail Judaica Gift Shop in western and central New York

Regular Shopping Hours

Sunday mornings: 9:30 AM-noon
(when school is in session)

Wednesday afternoons: 4-6 PM

Can't make regular hours?

Call for an appointment: Lynda (585-314-8288)
or Iris (585-739-2428)

Sisterhood Mission Statement

Our mission is to strengthen and unite the women of Sisterhood and support them to understand and perpetuate Conservative/Masorti Judaism in the home, synagogue and community and reinforce their bonds with Israel and Jews worldwide.

20s/30s

This is a welcoming place for Jews in their 20s/30s. Jewish and non Jewish partners are always welcome to join! Parents may bring children under the age of 2.

Join the 20s/30s on Facebook for information on all upcoming events at www.facebook.com/TBE2030. All times are subject to change.

Challah Bake

SUNDAY, SEPTEMBER 14 | 2 PM

Rosh Hashanah Discussions

TUESDAY, SEPTEMBER 23 AND WEDNESDAY, SEPTEMBER 24 | 11:30 AM–12:30 PM

20/30s Tashlich

MONDAY, SEPTEMBER 29 | 6:30 PM

Yom Kippur Discussion

THURSDAY, OCTOBER 2 | 11:30 AM–12:30 PM

Havdalah & S'mores in the Sukkah

SATURDAY, OCTOBER 11 | 6:30 PM

Installation Weekend Shabbat Dinner

FRIDAY, NOVEMBER 21
KABBALAT SHABBAT SERVICES | 6 PM
SHABBAT DINNER 7 PM

Hanukkah Potato Party

THURSDAY, DECEMBER 18 | 6:15 PM

Yom Tikkun Olam with BE.WISE

SUNDAY, JANUARY 18 | 9:30 AM

Hamentaschen Baking

SUNDAY, FEBRUARY 22 | 3 PM



Save the Date



*To Celebrate a Historic Moment as we Welcome
Temple Beth El's Twelfth Senior Rabbi*

RABBI BEN GOLDSTEIN INSTALLATION WEEKEND

FEATURING ARNOLD M. EISEN CHANCELLOR EMERITUS, PROFESSOR
OF JEWISH THOUGHT, JEWISH THEOLOGICAL SEMINARY

FRIDAY, NOVEMBER 21

6 PM Kabbalat Shabbat Services
7 PM Shabbat Dinner

SATURDAY, NOVEMBER 22

9:30 AM Shabbat Services
Noon Kiddush Lunch
1 PM Kiddush Talk

SUNDAY, NOVEMBER 23

Rabbi Goldstein Installation

SHABBAT SCHMOOZES

5:30 PM IN THE LOBBY

No registration necessary, just drop by for light refreshments and conversation before Shabbat begins.

OCTOBER 24

BE.WISE SHABBAT AND TOT SHABBAT

OCTOBER 31

FRIDAY NIGHT SPIRITS

NOVEMBER 14

JAVA & JEANS

DECEMBER 19

HANUKKAH SCHMOOZE AND CANDLE LIGHTING

JANUARY 9

FINGER FOOD FRIDAY & TOT SHABBAT

FEBRUARY 6

FINGER FOOD FRIDAY & TOT SHABBAT

SHABBAT DINNERS AT TEMPLE BETH EL

SEPTEMBER 12

PETER, PAUL, AND MARY SHOW WITH BE.WISE SERVICES
FEATURING SPECIAL GUESTS, GATHERING TIME

OCTOBER 10

DINNER IN THE SUKKAH

NOVEMBER 21

RABBI GOLDSTEIN INSTALLATION DINNER

JANUARY 23

Please register for dinners online at tberochester.org
or by calling the office at (585) 473-1770.



JAVA & JEANS WITH RABBI GOLDSTEIN

SEPTEMBER 20 | 10–12 AM
OCTOBER 11 | 10–12 AM
NOVEMBER 14 | 5:30 PM
DECEMBER 6 | 10–12 AM
JANUARY 24 | 10–12 AM
FEBRUARY 28 | 10–12 AM

Do you have questions about Jewish prayer that you have never been able to ask? Are you seeking a deeper meaning behind the prayers? Join us for Java and Jeans, where we explore theology, prayer, mussar, mindfulness, and psychology capped off with lively Torah study discussion over coffee while wearing your favorite pair of jeans.



TORAH ON TAP WITH STEPHEN PAPKIN

SEPTEMBER 20 | STRANGE BIRD | 8 PM
OCTOBER 31 | TEMPLE BETH EL | 8 PM
DECEMBER 13 | 8 PM
JANUARY 17 | 8 PM
FEBRUARY 28 | 8 PM

A monthly pub crawl featuring Jewish learning and discussions at alternating venues around Rochester. Enjoy a cold one with friends while learning how the Jewish take on different topics.



SAVE THE DATE: OCTOBER 7TH COMMUNITY COMMEMORATION EVENT

THURSDAY, OCTOBER 16

We come together to remember. We pray for the remaining hostages. We honor the heroes who defended our people. We reaffirm our community's strength and commitment to Israel.

Watch for details



Hanukkah 5786

MENORAH LIGHTING DAILY

SUNDAY, DECEMBER 14 | 6:15 PM

MONDAY, DECEMBER 15 | 6:15 PM

TUESDAY, DECEMBER 16 | 6:15 PM

WEDNESDAY, DECEMBER 17 | 6:15 PM.... TBE HANUKKAH PARTY

THURSDAY, DECEMBER 18 | 6:15 PM 20/30s POTATO PARTY

FRIDAY, DECEMBER 19 | 4 PM..... PRE-SHABBAT SCHMOOZE

SATURDAY, DECEMBER 20 | 5:30 PM..... FOLLOWING HAVDALLAH

SUNDAY, DECEMBER 21 | 6:15 PM

Save the Date! **HANUKKAH PARTY**
WEDNESDAY, DECEMBER 17 | 6 PM



Purim 5786

**SAVE THE
DATES!**

SUNDAY, MARCH 13
Community Purim Carnival

MONDAY, MARCH 2
Megillah Readings and Dinner

TUESDAY, MARCH 3
Megillah Readings



September

ELUL 5785–TISHREI 5786

SEPTEMBER 2

10:30 AM Keshet Meet and Greet

SEPTEMBER 3

9 AM Keshet First Day of School

7 PM Tefillah, Tzedakah, Teshuva learning series with Rabbi Ben Goldstein

SEPTEMBER 6

9:30 AM Bar Mitzvah of Ilan Spindel

SEPTEMBER 7

9:30 AM First Day of BE.WISE Classes

1:30 PM JFest

SEPTEMBER 10

7 PM Tefillah, Tzedakah, Teshuva learning series with Rabbi Ben Goldstein

SEPTEMBER 12

5:30 PM Tot Shabbat

6 PM Peter, Paul, and Mary Musical Kabbalat Shabbat Service

7 PM Congregational Dinner

SEPTEMBER 13

8 PM Selichot for the Soul

SEPTEMBER 14

10 AM Early Childhood Apple Picking

10 AM Sisterhood Board Meeting

12:45 PM USY Bills Watch Party

1 PM Kever Avot

2 PM 20/30s Challah Bake

SEPTEMBER 17

7 PM Tefillah, Tzedakah, Teshuva learning series with Rabbi Ben Goldstein

SEPTEMBER 20

10 AM Java & Jeans

12:30 PM Member Stories

7:30 Torah on Tap

SEPTEMBER 21

12:30 PM Scape Goat Yoga

SEPTEMBER 23

8:30 AM ROSH HASHANAH DAY 1

5:30 PM TBE Tashlich

SEPTEMBER 24

8:30 AM ROSH HASHANAH SERVICES DAY 2

SEPTEMBER 28

9:30 AM BE.WISE Family Tashlich

SEPTEMBER 29

6:30 PM 20/30s Tashlich

Candle Lighting & Havdalah Times

5 7:19 pm

6 8:20 pm

12 7:07 pm

13 8:07 pm

19 6:54 pm

20 7:54 pm

22 6:48 pm

23 7:47 pm

26 6:41 pm

27 7:41 pm

For Shabbat
Mincha times, go to
www.tberochester.org

All events and times are
subject to change. For more
information call 473-1770 or
visit www.tberochester.org



October

TISHREI–CHESHVAN 5786

OCTOBER 2

YOM KIPPUR SERVICES

OCTOBER 3

9:30 AM Raise the Sukkah

OCTOBER 5

9:30 AM BE.WISE Family Sukkot Program

OCTOBER 7

9:30 AM SUKKOT DAY 1

OCTOBER 8

9:30 AM SUKKOT DAY 2

OCTOBER 9

9:15 AM Keshet Sukkot with My Special Guest

3 PM Sisterhood: Torah Fund program in the sukkah

OCTOBER 10

7 PM Shabbat Dinner in the Sukkah

OCTOBER 11

10 AM Java and Jeans

6:30 PM 20/30s Havdalah & S'mores in the Sukkah

OCTOBER 12

9:30 AM BE.WISE Sukkah Hop

OCTOBER 14

6:30 PM Simchat Torah Program

OCTOBER 16

9:30 AM Take Down the Sukkah

OCTOBER 18

9:30 AM Bar Mitzvah of Spencer Tellem

OCTOBER 24

5:30 PM Shabbat Shmooze & Tot Shabbat

6 PM BE.WISE Kabbalat Shabbat

OCTOBER 25

9:30 AM Bar Mitzvah of Misha Rozin

OCTOBER 26

10 AM Noah's Ark Family Program

OCTOBER 31

5:30 PM Shabbat Shmooze Friday Night Spirits

Candle Lighting & Havdalah Times

1 6:23 pm

3 6:29 pm

4 7:28 pm

6 6:24 pm

7 7:22 pm

10 6:17 pm

11 7:15 pm

13 6:12 pm

14 7:10 pm

17 6:05 pm

18 7:05 pm

24 5:54 pm

25 6:55 pm

31 5:45 pm

For Shabbat
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November

CHESHVAN–KISLEV 5786

NOVEMBER 1

9:30 AM Bar Mitzvah of Cole Kirshner

NOVEMBER 8

9:30 AM Bat Mitzvah of Kiva Cohen

NOVEMBER 9

10 AM Sisterhood Program

NOVEMBER 14

5:30 PM Java and Jeans Schmooze

5:30 PM Tot Shabbat

NOVEMBER 15

9:30 AM Bar Mitzvah of Ary Gebell

NOVEMBER 16

2 PM Sisterhood Artist program

NOVEMBER 21

6 PM Kabbalat Shabbat Services

7 PM Installation Weekend Shabbat Dinner

NOVEMBER 22

INSTALLATION WEEKEND

9:30 AM Shabbat Services

NOON Kiddush Lunch

1 PM Kiddush Talk

Candle Lighting & Havdalah Times

1 6:45 pm

7 4:36 pm

8 5:38 pm

14 4:29 pm

15 5:32 pm

21 4:23 pm

22 5:27 pm

28 4:19 pm

29 5:24 pm

For Shabbat Mincha times, go to www.tberochester.org

All events and times are subject to change. For more information call 473-1770 or visit www.tberochester.org

December

KISLEV–TEVET 5786

DECEMBER 6

10 AM Java and Jeans

12:30 PM Member Stories

DECEMBER 7

TIME TBD Early Childhood Program

DECEMBER 12

5:30 PM Tot Shabbat

DECEMBER 13

8 PM Torah on Tap

DECEMBER 14

9:30 AM Men's Club Breakfast

10 AM Board Meeting

DECEMBER 17

6 PM Hanukkah Party

DECEMBER 18

6:15 PM 20/30s Hanukkah Potato Party

DECEMBER 19

5:30 PM Shabbat Schmooze

DECEMBER 21

11 AM Sisterhood Hanukkah Party

Candle Lighting & Havdalah Times

5 4:17 pm

6 5:23 pm

12 4:17 pm

13 5:24 pm

14 5:01 pm

15 5:01 pm

16 5:02 pm

17 5:02 pm

18 5:02 pm

19 4:19 pm

20 5:26 pm

21 5:04 pm

26 4:23 pm

27 5:30 pm

For Shabbat Mincha times, go to www.tberochester.org

All events and times are subject to change. For more information call 473-1770 or visit www.tberochester.org

January

TEVET-SHEVAT 5786

JANUARY 3

9:30 AM Bat Mitzvah of Natalie Gastel

JANUARY 9

5:30 PM Tot Shabbat

5:30 PM Finger Food Friday Schmooze

JANUARY 11

9:30 AM Men's Club Breakfast

10 AM Sisterhood Board Meeting

JANUARY 17

9:30 AM Sisterhood Shabbat

7:30 PM Torah on Tap

JANUARY 18

9:30 AM BE.WISE and 20/30s Yom Tikkun Olam

JANUARY 23

7 PM Congregational Dinner

JANUARY 24

10 AM Java & Jeans

JANUARY 31

TIME TBD PJ Havdalah

Candle Lighting & Havdalah Times

2 5:36 pm

3 5:36 pm

9 4:36 pm

10 5:42 pm

16 4:44 pm

17 5:50 pm

23 4:52 pm

24 5:58 pm

30 5:02 pm

31 6:07 pm

For Shabbat
Mincha times, go to
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All events and times are
subject to change. For more
information call 473-1770 or
visit www.tberochester.org

February

SHEVAT-ADAR 5786

FEBRUARY 1

9:30 AM BE.WISE Family Program

FEBRUARY 6

TIME TBD Tot Shabbat

5:30 PM Finger Food Friday Schmooze

FEBRUARY 7

6 PM BE.WISE Shabbat

FEBRUARY 8

9:30 AM World Wide Wrap

10 AM Sisterhood Board Meeting

FEBRUARY 22

10 AM P.A.D. Party

3 PM 20/30s Hamentashen Baking

FEBRUARY 28

10 AM Java & Jeans

7:30 PM Torah on Tap

Candle Lighting & Havdalah Times

6 5:11 pm

7 6:15 pm

13 5:20 pm

14 6:24 pm

20 5:30 pm

21 6:32 pm

27 5:39 pm

28 6:41 pm

For Shabbat
Mincha times, go to
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“The world stands on three things:
on the Torah, on the service to God,
and on deeds of loving kindness.”
Ethics of the Fathers

Fulfill the Mitzvah of *G’milut Chasadim* (deeds of loving kindness) by supporting our synagogue. Members of the Pillar Society make annual commitments over and above full membership dues to help ensure the well-being of our synagogue. As a member of the Pillar Society you will be instrumental in preserving the future of Temple Beth El for generations to come. In appreciation of your exceptional commitment, which is also recognized as a contribution to the High Holy Day Appeal, you will receive the following additional benefits:

All Pillars Receive:

- Recognition as a Contributor to the High Holy Day Appeal
- Apples and Honey Sponsorship
- Invitation to the Annual Pillar Event
- Honored at Pillar Society Shabbat

YACHAD UNDER 40
(\$1,000-\$1,499)

- ¼ page in Remembrance Book

CHAI
(\$1,500-\$2,999)

- ¼ page in Remembrance Book
- 2 Tickets for 1 event (ie: Friday Night Live, Hanukkah Party or Purim Celebration)

SHOMER
(\$3,000-\$5,499)

- ½ page in Remembrance Book
- 4 Tickets for 1 event (ie: Friday Night Live, Hanukkah Party or Purim Celebration)

KOACH
(\$5,500-\$9,999)

- Full page in Remembrance Book
- 6 Tickets for 1 event (ie: Friday Night Live, Hanukkah Party or Purim Celebration)

OHR
(\$10,000+)

- Full page in Remembrance Book
- 8 Tickets for 1 event (ie: Friday Night Live, Hanukkah Party or Purim Celebration)
- Reserved High Holy Day seating

Please join members of the Temple Beth El family who have already made the additional commitment to our congregation by becoming members of the Pillar Society.

For more information contact Deborah Zeger at the Temple Beth El office at 473-1770 or by email to dzeger@tberochester.org.

Yes, I would like to support Temple Beth El by making a 3 year commitment to the Pillar Society for the New Centennial, in the amount of: \$_____ a year.

Name_____

Address_____ City_____ State_____ Zip_____

Phone _____ Email _____

☐ YACHAD ☐ CHAI ☐ SHOMER ☐ KOACH ☐ OHR

___ My check for \$_____ is enclosed

___ Please bill me: ___Annually ___Quarterly ___Monthly

___ Please charge for my first installment of \$_____ ☐  ☐  ☐ 

Card #_____ Expires _____ Signature_____



from one
generation
to the next...

**for our
future.**

For Over a Century Temple Beth El has continued to play a unique role in the Rochester community providing a place where Jewish tradition and Innovation combine and where we share the most meaningful events in our lives. TBE is the place that offers anyone the opportunity to find their own spirituality and meaning.

Our legacy donors are individuals and families who wish to ensure that TBE remains an enriching community for generations to come. We continue to seek meaning together. Please consider making a legacy gift today.

For more information about supporting Temple Beth El's future please contact Debbie Zeger at dzeger@tberochester.org or 473-1770.



If you have made provisions for Temple Beth El in your estate plans, or would like more information about doing so, please let us know by providing the information requested here. We would be honored to include you as a member of the L'Dor V'Dor Society and recognize your commitment.

☐ I/We would like more information on becoming part of the L'Dor V'Dor society Name: _____

☐ I/We wish to receive more information about how to make a planned gift Address: _____

☐ I/ We have provided for a gift to Temple Beth El in my/our will or estate plan City/State/Zip _____

☐ I/We wish to be listed as member(s) of the L'Dor V'Dor society Phone # _____

☐ I/We accept membership in the L'Dor V'Dor society but wish to remain anonymous at this time Email _____



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L'Shanah Tovah Tikatevu!

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Lina Spokony
Vice President

Aviva Schochat
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Matt Ryen
Immediate Past President

ADMINISTRATIVE OFFICE HOURS

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Friday 8:30 AM-3:00 PM

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